Case Number(s):\_\_\_\_\_

Participant UA Number:

# Fifth Judicial District Mental Health Court

# **Participant Handbook**



This handbook is designed to answer questions, address concerns and provide information about the program. Mental Health Court participants will be expected to follow the instructions given by the judge, the coordinator, the probation officer and the treatment provider. All participants are encouraged to share this handbook with family and friends.

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# THE BASICS

**WHO:** You will be required to plead guilty and be sentenced to felony probation before participating in the Mental Health Program. You may not be allowed to withdraw your guilty plea if you are terminated or withdraw from the Mental Health Court program.

You have been accepted into the Mental Health Court program because of your criminal activity and your Severe Persistent Mental Illness. Due to your need of an increased level of community supervision, you will be required to live in the boundaries of the city of Twin Falls.

**WHAT:** The Mental Health Court program has four phases and takes a minimum of 18 months to complete. You will be expected to follow the instructions given to you by the judge, your probation officer, your treatment provider and the coordinator. Mental Health Court treatment is offered on an individualized basis. The Mental Health Court fee is \$35 per month.

**WHEN/WHERE:** Mental Health Court is held on Thursday at 8:00 am in the Twin Falls County Courthouse.

WHY: The Mental Health Court program goals are designed to:

- Help you manage your mental illness
- Ensure community safety
- Help you to stop using alcohol, prescription drug abuse, illegal drugs, synthetic drugs and mind or mood altering substances
- Establish positive encounters with law enforcement officials and the court system
- Reduce the criminalization of people with mental illness
- Avoid jail
- Develop and maintain self-reliance to live independently
- Help you become a law abiding citizen and a productive member of your community

**HOW:** Mental Health Court offers you a chance to receive mental health treatment and substance abuse treatment instead of going to jail and/or prison. Each week the Mental Health Court team will discuss participant progress. When the participant has met the program requirements, they may receive an incentive, may receive an award and may be advanced a week within their phase. If the participant does not meet the requirements for that week, they may be sanctioned and may have additional rules placed upon them.

Disqualifying factor(s): The person is currently charged with, or has pled or been found guilty of, a felony in which the person committed, attempted to commit, conspired to commit, or intended to commit a sex offense. Except as otherwise provided, a Mental Health Court Application shall not be made until after entry of a guilty plea on new charges or after entry of admissions on a probation violation. Or, if after retained jurisdiction, upon entry of the Order of Probation with mental health court as a term and condition. Applicants with a Low LSI-R score are not eligible for Mental Health Court.

**PUBLIC SAFETY-** Any forms of violence or abuse (including but not limited to physical, sexual, emotional, neglect, verbal, and financial) will not be tolerated and may result in immediate termination from the Mental Health Court program.

**TREATMENT-** Upon acceptance into Mental Health Court, participants will be assigned <u>to</u> a treatment provider. Participants are not allowed to seek out individual treatment outside of their assigned provider unless there has been prior approval by the Mental Health Court team. Treatment is designed to be a safe place where participants can learn to manage their mental health symptoms, substance use disorder, improve their social functioning and address flawed thinking patterns. Participants are required to:

- Show up on time, if a participant is sick, they must show up to treatment and ask to be excused
- Be prepared with their homework completed
- Actively participate and engage by giving feedback to their peers
- Show progress by providing examples on how they apply treatment skills in their everyday life
- Be respectful towards staff and peers
- Follow their designated treatment plan and comply with all treatment recommendations
- Comply with medical recommendations including psychiatric medication
- Maintain the confidentiality of participants and of information disclosed in treatment.

**NOTE:** If a participant is late, not prepared or is disruptive in treatment they may be asked to leave and will be required to complete an incident report.

**PROBATION AND PAROLE-** As a condition of Felony Probation, Mental Health Court participants waive their rights to Search and Seizure including personal property, electronic devices, cell phones, laptops, personal computers, etc. Participants that delete their electronic search history, call log and messages are subject to sanction. Any contact with law enforcement must be reported to the Mental Health Court Coordinator and Probation Officer within 24 hours.

**COURT ROOM RULES**- Mental Health Court participants are expected to dress appropriately for court. Clothing that contains violence, gang colors/symbols or explicit language, sexual, drug, or alcohol related themes is not allowed. Hats, sunglasses, sleeveless shirts, <u>chewing gum</u>, clothing that is too tight and/or too loose is not allowed in court.

**NOTE:** Be polite to the Judge, court personnel and those in the courtroom. Profanity is not tolerated. Turn off all electrical devices. Communication with inmates is not allowed.

**DRUG TESTING**– Participants will be tested throughout their participation in Mental Health Court. Testing can and will occur 7 days per week including holidays. Drug testing is observed.

- Participants must call the testing line **208-486-9895** daily after 5:45 a.m. Notify the coordinator immediately if the UA line is not updated at 5:45 a.m.
- Drug testing will be announced by Phase and/or UA number
- If you are unsure if you have to UA, report to the testing facility to follow up with staff
- Provide a photo ID at every test
- Phase 1 drug testing hours 6:30 am 9:45 am (Daily)
- Phase 2, 3, 4 drug testing hours 6:30 am 12:30 pm (Monday-Friday only)
- Weekend / Holiday testing hours 6:30 am 9:45 am

**NOTE:** Mental Health Court participants will be required to immediately contact the coordinator or designee via telephone, email or in person if there is an issue with their urinalysis test (for example failure to appear, failure to produce, insufficient sample, positive test, etc). During court days, participants will have until 10:45 am to test. Participant drug testing hours may be modified, reduced and/or extended at the court's discretion.

**DO NOT USE LIST-** You are responsible for everything that you consume and/or ingest into your body. In order to prevent any drug testing issues do not possess or consume any of the following:

- Alcohol of any kind including 0% beer, wine, liquor, spirits, alcohol based mouthwash
- Controlled Substances Illegal and Prescription drugs without a valid or current prescription (*i.e.*, expired medications in a participants possession or control / medication that does not have the original assigned pharmacy label)
- Synthetic drugs including, but not necessarily limited to Spice, Haze, K2, Bath Salts, CBD, Delta-THC or anything similar to these substances
- "Natural" or herbal remedies including but not necessarily limited to Kratom, Kombucha tea, Kava or anything similar to these substances
- Ketamine / Esketamine is prohibited
- Poppy seeds in any form
- Over the counter medicine containing Dextromethorphan, OTC Cough medicine
- Over the counter "Dietary Supplements", "Mood Enhancers" or "Anxiety / Depression Supplements"
- Energy drinks including any Focus, Concentration, Libido and / or Energy supplements
- Excessive fluids, cleansing, detoxifying solutions
- Baking soda, bleach, charcoal
- Creatine supplements
- Vape Pens are limited only to Non-refillable Nicotine Cartridges
- Do not dye, bleach or color your hair
- Any new tattoos or piercings

MEDICATIONS AND PRESCRIPTIONS- As a general rule, Mental Health Court

participants are expected to remain drug free. When seeking medical assistance participants must notify medical professionals of their participation in a recovery program and always ask for nonnarcotic medication. If the medical professional feels that only a controlled substance is appropriate, then the participant is required to obtain a written note from the provider indicating such and to provide that note to the Mental Health Court Nurse Practitioner. A participant cannot obtain, fill a prescription for, or otherwise ingest prescription medication until prior approval has been granted by the Mental Health Court team. All approved medications will be documented and written instructions will be given to the participant by the Mental Health Court Nurse Practitioner.

**NOTE:** Using expired medication, using medication that has not been prescribed to the participant as well as giving, selling and / or trading medications to others will not be tolerated.

**ASSOCIATIONS**- Prosocial support is essential in recovery. Mental Health Court participants are not allowed to associate with the following:

- People who use alcohol, illegal drugs, abuse prescription drugs
- People who are involved in illegal/gang activity
- People who are on felony probation and/or parole
- Associations may be restricted at the courts / probation officer's discretion

**NOTE:** Mental Health Court participants are not allowed to enter into any contracts, agreements or transactions with other treatment court participants. All association requests must be made directly to your probation officer.

**HOUSING-** Mental Health Court participants are required to maintain safe and sober housing and any changes in housing must first be approved by their probation officer. A participant's residence is subject to search by law enforcement at any time without a search warrant. Probation and Parole must approve of and be aware of all residents living with the participant. Video surveillance equipment is not allowed in the participant's residence.

**EMPLOYMENT-** All employment must be lawful and verifiable. Employment requests must be approved by the Mental Health Court team. Participants must inform the prospective employer of their requirements in the Mental Health Court program. Participants must make arrangements for their court appearances, treatment attendance, probation meetings, urinalysis testing and other Mental Health Court obligations. Any changes to employment must be reported to the Mental Health Court Coordinator and Probation Officer within 24 hours.

**NOTE:** Employment restrictions for disability, injury, illness will require documentation from your medical provider.

**TRAVEL-** All travel requests must be submitted 7 days in advance from the date of travel and must be approved by your probation officer. Overnight travel requests must be submitted along with a safety plan including drug testing and recovery support meeting locations in the area.

**MENTAL HEALTH COURT FEES:** The Mental Health Court fee is \$35.00 per month and must be paid in the originating county. Mental Health Court fees must be paid in full prior to graduation. Each participant is required to develop and maintain a written budget with their case manager and probation officer. All additional probation fees, court costs, fines, fees and restitution associated with their criminal case(s) must be paid prior to discharge from probation. Participants are encouraged to save copies of their receipts and make their Mental Health Court payments on a monthly basis. Participants may request a reduction of their mental health court fees based on financial hardship at the court's discretion.

**NOTE:** In the event that a participant has Laboratory confirmation testing, a dilute urinalysis test, a failure to produce urinalysis test or an insufficient urinalysis test, the participant may be required to pay for any additional drug/alcohol testing.

**COMMUNITY SUPPORT MEETINGS:** Participants will be required to participate in community support groups (i.e. Substance Use, Wellness, Grief and Loss, Spiritual, etc).

Attendance in community support groups is <u>encouraged</u> during Phase 1 and is <u>mandatory</u> in Phases 2, 3 and 4. These fellowships will help you understand how others with similar problems are able to recover from their addictions. If you have objections to attending drug, alcohol or faith-based support groups you will be required to participate in a court approved alternative.

Participants may choose their meeting, time and location that works best for them. Participants will be required to provide proof of their meeting attendance at each court appearance. Involvement in community support groups is vital to your recovery. Participants are expected to attend 1 to 5 community support meetings per week as ordered by the court. The number of weekly community support meetings will be determined on a case by case basis. Failure to attend community support meetings may result in a sanction.

**SPONSOR:** Participants are required to obtain a sponsor during Phase 2. The purpose of a sponsor is to assist the newcomer on their path to stability. Participants are not allowed to engage in romantic relationships with their sponsor. People on supervision, family members or friends may not serve as your sponsor. Any sponsor must have at least 2 years of sobriety and must be approved in advance by the Mental Health Court team.

**INCENTIVES AND SANCTIONS-** Incentives are given to reward good behavior. Sanctions are given to change bad behavior. Sanctions must be completed by the participants next court date unless otherwise noted by the court.

#### Possible Incentives:

Verbal Praise Phase Promotion Certificate Pick of the Week Pick of the PAC Reduction in participant fees Pick of the Quarter Graduation

#### **Possible Sanctions:**

Verbal Warning Write a Paper Curfew Community Service Work Detail Jail Termination

\*\* This is not a complete list of possible incentives and sanctions\*\*

#### **TREATMENT SERVICES-**

Preferred Child Family Services: Substance Use Disorder Treatment options-

- New Direction Criminal and Addictive Thinking- participants will learn what thinking distortions are and how they guide one's thinking. They will learn the different types of thinking disorders and how to challenge those thinking distortions which is essential in their growth in recovery from addictive and criminal behavior. Offered Monday 8:30 10:30 am and 4:00 6:00 pm (12 week minimum).
- Matrix Relapse Prevention- participants learn skills to assist them in developing life skills to support a drug-free lifestyle. The program is specifically designed for participants who have Substance Use Disorders. Offered Tuesday 8:30 - 10:30 am and 4:00 - 6:00 pm (24 week minimum)
- Personal Development- encourages the participants to reflect on themselves through firsthand exercises designed to positively impact their interaction with others. Offered Wednesday 8:30 -10:30 & 4:00 - 6:00 pm (16 week minimum)

#### Alliance Family Services: Mental Health Treatment options-

- Medication management are a spectrum of patient-centered, collaborative services that focus on medication appropriateness, effectiveness, safety, and adherence with the goal of improving health outcomes. These services are intended to help patients manage prescription medication schedules, symptoms, and changes. It is a guided approach to taking medications and understanding the impact of medication therapy on medical and or mental health concerns. Evidence-based medication management allows for a number of benefits, especially in the mental health field. Offered As needed.
- CBT Group (Cognitive Behavioral Therapy) participants will learn problem solving skills to address their thoughts, emotions and behavior. Offered Thursday 12:00 1:00 pm
- PAC (Participant Advisory Committee) participants gather to discuss and recommend program improvements. Offered first and third Thursdays 1:00 1:30 pm. Attendance optional after attending their first PAC meeting upon entering the program.
- STAD (Skills Training and Development) designed for non SUD participants to learn skills to assist them with increasing positive interactions with peers, positive communication, and healthy coping skills. Offered Monday 9:00 11:30 am.
- MEG (Managing Emotional Growth) participants learn how to make constructive choices about personal behavior and social interactions across various settings. Participants are encouraged to consider their ethics, safety concerns along with the health and well-being of themselves and others to make evaluate how actions lead to consequences. \*Participants start MEG once they have completed SUD classes. Offered Monday 4:00 - 5:00 pm.
- POP (Positives of Psychology) focuses on the participant's strengths and behaviors that allows individuals to build a life of meaning and purpose moving beyond surviving to flourishing.
  \*Participants start this class once they have finished SUD classes. Offered Tuesday 4:00 - 5:30 pm.
- Individual Counseling One on one counseling designed to help participants address their mental health symptoms, trauma, and other areas of concern to increase their level of functioning. Clinical provider will assess needs and assign other services, with consideration of the clinical staff. Offered As needed.
- Case Management –assists participants with obtaining community resources to aid in their recovery and stability. Offered As needed.
- CBRS (Community Based Rehabilitation Services) –designed to help participants achieve their highest attainable level of health and independence assisting participants in all aspects of their life. Offered As needed.
- Peer Support/Recovery Coaching assists participants with developing the skills for proactive role in their own treatment plan, defining their goals for recovery and helps participants connect with other prosocial members of their community. Offered As needed.
- Trauma therapy- Various modalities to support the processing of traumatic events in individual counseling. Offered As needed.
- Family group- offering ways to bring your family or other natural supports into the treatment environment to aid their understanding of the program and participants mental health and/or SUD treatment.. Offered As needed.
- Aftercare designed to help participants maintain their sobriety and stability by providing ongoing support and guidance. Offered bi-weekly, Monday 5:00-5:45 pm.

**PHASE I** – Minimum of 12 weeks. In order to be successful in phase 1 you must attend all required program appointments and be willing to discuss your needs and concerns with members of the team.

- Attend Mental Health Court every week unless excused or otherwise instructed by the Court Coordinator.
- Report to probation officer as directed.
- Cooperate with your mental health treatment providers which may include daily medication monitoring if needed.
- Attend alcohol/drug counseling and/or community support meetings as directed by the treatment team and probation officer. Provide written verification as directed.
- Submit to random urinalysis, saliva, hair follicle, or breath alcohol tests as directed.
- Do not leave the boundary of the City of Twin Falls without permission of your probation officer. Out of county employment requires the approval of the Mental Health Court Judge.
- Work towards managing your financial responsibilities by tracking income, expenses and making payments where necessary.
- Daily curfew is 8:00 PM unless engaging in treatment, employment or an approved activity.
- Minimum 4 consecutive weeks sanction free prior to Phase 2 advancement.
- Complete Phase advancement application prior to moving to Phase II.

**PHASE II** –Minimum of 16 weeks. In order to be successful in phase 2 you must begin to apply the skills offered in all treatment areas and follow the terms of your probation.

- Attend Mental Health Court 3 times per month instructed by the Court Coordinator.
- Report to probation officer as directed.
- Cooperate with your mental health treatment providers which may include daily medication monitoring if needed.
- Attend alcohol/drug counseling and/or community support meetings as directed by the treatment team and probation officer. Provide written verification as directed.
- Maintain contact with your sponsor.
- Submit to random urinalysis, saliva, hair follicle, or breath alcohol tests as directed.
- Do not leave the boundaries of the County of Twin Falls without permission of your probation officer.
- Pay your Mental Health Court fees monthly.
- Develop a plan to achieve your financial goals.
- Daily curfew is 10:00 PM unless engaging in treatment, employment or an approved activity.
- Minimum 6 consecutive weeks sanction free prior to Phase 3 advancement.
- Complete Phase advancement application prior to moving to Phase III.

**PHASE III** –Minimum of 20 weeks. In order to be successful in phase 3 you must constantly apply the skills offered in treatment and begin to identify and work on future goals and needs.

- Attend Mental Health Court twice per month as instructed by the Court Coordinator.
- Report to probation officer as directed.
- Cooperate with your mental health treatment providers which may include daily medication monitoring if needed.
- Attend alcohol/drug counseling and/or community support meetings as directed by the treatment team and probation officer. Provide written verification as directed.
- Maintain contact with your sponsor.

- Submit to random urinalysis, saliva, hair follicle, or breath alcohol tests as directed.
- Do not leave the boundaries of the 5<sup>th</sup> Judicial District without permission of your probation officer.
- Pay your Mental Health Court fees monthly.
- Begin working towards your financial goals.
- Daily curfew is set at PO's discretion.
- Minimum of 8 consecutive weeks sanction free prior to Phase 4 advancement.
- Complete Phase advancement application prior to moving to Phase IV.

**PHASE IV** – Minimum 24 weeks. In order to be successful in phase 4 you must apply the skills offered in treatment as needed. As you prepare to complete Mental Health Court pro-social activities are encouraged.

- Attend Mental Health Court once per month as instructed by the Court Coordinator.
- Report to probation officer as directed.
- Collaborate with your mental health treatment providers which may include daily medication monitoring if needed.
- Attend alcohol/drug counseling and/or community support meetings as directed by the treatment team and probation officer. Provide written verification as directed.
- Maintain contact with your sponsor.
- Submit to random urinalysis, saliva, hair follicle, or breath alcohol tests as directed.
- Do not leave the boundaries of the 5<sup>th</sup> Judicial District without permission of your probation officer.
- Pay your Mental Health Court fees in full.
- Continue working towards your financial goals.
- Daily curfew is set at PO's discretion.
- Minimum of 12 consecutive weeks sanction free prior to graduation.
- Complete Before and After Letter, Long-term recovery plan and photo documentation of Phase IV Project prior to graduation.

**Phase IV Project:** The Phase IV project allows the participant an opportunity to apply their values, goals and skills towards a good cause leading to a positive impact in their community. Participants must present a written project proposal to the Mental Health Court team for approval. It's recommended that participants volunteer at least 10 hours of their time towards the project.

**GRADUATION**– We will celebrate you and your success. Family and friends are encouraged to attend your graduation. In order to graduate from Mental Health Court you must accomplish the following minimum requirements

- Complete a minimum of 18 months in Mental Health Court.
- 6 consecutive months of sobriety including alcohol, prescription drug abuse, illegal drugs, synthetic drugs and mind or mood altering substances.
- 12 months of steady employment unless retired, disabled, or full-time student.
- Successful completion of all court ordered treatment.
- Maintain sponsor contact as directed.
- Regularly attend community support meetings.
- Completion of all specialized probation terms (i.e. Court Ordered Community Service).
- Participant Mental Health Court fees must be paid in full.
- Complete Before and After Letter, Long-term recovery plan and Phase IV Project prior to graduation.

**NOTE:** Graduates may petition the court and request that their felony case(s) be dismissed and be discharged from probation per Idaho Code(s) 19-2604 and 20-221. The Mental Health Court Judge may waive or alter the minimum graduation requirements at the court's discretion.

Idaho Code 19-2604- Suspension of Judgment and Sentence: Upon satisfactory showing that the defendant has successfully completed and graduated from mental health court, the court may terminate the sentence or set aside the plea of guilty, and finally dismiss the case.

**Idaho Code 20-221- Modification of terms or conditions of probation:** The court may at any time modify any terms of conditions of probation.

**AFTERCARE** – After Mental Health Court graduation, participation in Aftercare is voluntary. Before a Mental Health Court graduate makes application for relief under either Idaho Code 19-2604 or 20-221, they must complete a minimum 24 weeks of Aftercare. This Aftercare program will consist of two group meetings per month which shall be paid for at the participant's expense at a rate of \$14.00 per meeting. Payment arrangements are to be made in advance between a Mental Health Court graduate and Alliance Family Services. In addition to 2x monthly group meetings, successful completion of the Mental Health Court Aftercare program shall also include;

- Attending Mental Health Court status review hearings every 90 days or as directed by the court.
- Reporting to probation officer as directed.
- Managing your mental health needs which may include daily medication.
- Attending recovery support meetings or approved alternative as directed by your probation officer.
- Maintaining contact with your sponsor.
- Submitting to random drug / alcohol testing as directed by your probation officer.
- Abiding by your conditions of probation.
- Paying your court fines, fees and restitution in full.

**NOTE:** Any party or the board of corrections may submit to the court a request to modify the terms and conditions of probation at any time during the period of probation.

**TERMINATION**– Termination happens when the participant is no longer be amenable to supervision within the Treatment Court. This includes but is not limited to

- Dishonesty
- Continued drug and alcohol use
- Failure to engage and/or progress in the program
- Receiving any new criminal charge
- Violence and/or threats of violence
- Sexual harassment
- Absconding-/-avoiding supervision
- Threats or risks to public safety

**NOTE:** Participants that are terminated from the program are entitled to their due process rights as outlined in Idaho Treatment Court rule 17.

**VOLUNTARY DISCHARGE**– Participation in Mental Health Court is voluntary and participants are eligible to voluntarily terminate themselves at any time. Depending on the circumstances of the

participants request for voluntary discharge, the treatment court team may choose under Idaho Treatment Court Rule 20 to proceed with the discharge as a neutral discharge proceeding.

### Mental Health Court Contact Information

TARC Drug Testing Center	(208) 486-9895
630 Addison Ave. West	
Twin Falls, Idaho 83301	
Felony Mental Health Probation Officer	(208) 644-7243
Kristen Claeys	<u>kclaeys@idoc.idaho.gov</u>
731 Shoup Ave. W.	
Twin Falls, Idaho 83301	
Mental Health 24-Hour Crisis Line	(208) 736-2177
823 Harrison	
Twin Falls, Idaho 83301	
Alliance Family Services	(208) 737-0572
1411 Falls Ave. E. Suite 703	
Twin Falls, Idaho 83301	
Preferred Child and Family Services, Inc.	(208) 733-7186
284 Martin St.	
Twin Falls, Idaho 83301	
Mental Health Court Coordinator	(208) 736-4122
Israel Enriquez	israel.enriquez@tfco.org
260 4th Ave. North Suite B	
Twin Falls, ID 83303	
Mental Health Court Admin. Assistant	(208) 735-4374
Abby Montano	abby.montano@tfco.org
260 4th Ave. North Suite B	
Twin Falls, ID 83303	
St. Luke's Hospital	(208) 814-1400

801 Pole Line Rd. West	
Twin Falls, Idaho 83301	
State Public Defender – Twin Falls Office	(208) 644-7111
233 Gooding St. N.	
Twin Falls, Idaho 83301	
Idaho Division of Vocational Rehabilitation	(208) 736-2156
650 Addison Ave. W., Suite 102	
Twin Falls, Idaho 83301	
Suicide and Crisis Lifeline	988
Available 24 hours per day	
Crisis Center of South Central Idaho	(208) 737-1128
570 Shoup Ave. West	
Twin Falls, Idaho 83301	

## FIFTH JUDICIAL DISTRICT MENTAL HEALTH COURT CONTRACT

(Effective October 19, 2022)

I, \_\_\_\_\_\_, as a condition to my acceptance into Mental Health Court hereby agree to accept and abide by the following terms and conditions for Mental Health Court and hereby acknowledge that any waiver of my constitutional or statutory rights is voluntary, knowing, and intelligent and was reviewed and discussed with my attorney. I further understand that before I can be formally accepted into Mental Health Court that I must have: (1) entered a plea of guilty to a qualifying felony offense and (2) a qualifying Mental Health Evaluation. I therefore agree as follows:

**1. ATTENDANCE.** I shall report in person on the dates and times specified for all court dates; treatment groups; community support meetings; drug or alcohol testing; and any other dates and times specified by the Mental Health Court team or the Mental Health Court Coordinator. I will not leave or attempt to leave the state or my assigned district in an effort to abscond or flee supervision. I will be available for supervision as instructed by Mental Health Court and will not actively avoid supervision.

2. MEDICATIONS. I understand that psychiatric treatment including medication management will be provided by the Mental Health Court provider only. I will take psychiatric medications as prescribed and will comply with all treatment and medication recommendations. I will discuss any medication side effects with my provider. I understand that seeking or receiving psychiatric care from other sources will be subject to sanction up to and including termination.

3. MEDICATION MANAGEMENT. I will provide a list of all physicians and pharmacies used for nonpsychiatric treatment. I understand that the use of additional doctors or pharmacies without prior approval will result in sanction by the court. I agree to inform my treating physician that I am dependent or addicted to narcotics and /or illegal drugs and/or alcohol and will request that my physician prescribe to me nonnarcotic medications if medically reasonable.

**4. CONDUCT**. I will not make threats towards other participants or staff or behave in a violent manner. I understand that violent, threatening, provoking, discriminatory, or inappropriate sexual behavior will not be tolerated and may result in a sanction or termination from the Mental Health Court program.

**5. CONTROLLED SUBSTANCES / ALCOHOL** I shall not purchase, possess, or consume any ethyl alcohol, illegal drugs, designer synthetic drugs, prescription drugs without a valid prescription, drug paraphernalia or mood altering chemicals or substances. Any prescription or over-the-counter medication use must be immediately reported to the Mental Health Court team for review. Abuse of or failure to report prescriptions or over the counter medications will result in a sanction.

**6. TESTING.** I agree to attend and participate in all required drug and /or alcohol testing as directed by the Mental Health Court team. I understand that if my test sample is insufficient or diluted that my test sample may be deemed a positive test. If the results of the test indicate an adulterant has been used to interfere with the results, that test will be deemed to have been positive. Participants must provide a urine specimen within 60 minutes of the request or within the time allotted by any drug testing agency.

**7. CONFIDENTIALITY.** I agree to maintain the confidentiality of participants and of information disclosed in treatment. If a Mental Health Court Participant breaks confidentiality, the circumstances involved will be carefully examined by the Mental Health Court Staff and possible Court Sanctions may be applied which may include Termination from the Mental Health Court Program. \_\_\_\_\_

**8. CURFEW.** I agree to comply with and obey any curfew that may be imposed by the Mental Health Court Staff. \_\_\_\_\_

**9. RESIDENCE.** I will reside in a location approved by Mental Health Court. Any change of my residence must first be approved by the Mental Health Court team. I will notify my probation officer and the Mental Health Court Coordinator of any involuntary move from my residence within 24 hours. \_\_\_\_\_

**10. LAWS AND COOPERATION**. I shall respect and obey all laws and shall comply with any lawful request of Mental Health Court or any law enforcement officer or agent of the Department of Probation & Parole. I understand that if I should receive new criminal charges during my participation in Mental Health Court for an offense that occurred before or after my acceptance into Mental Health Court that such an occurrence could result in my termination from Mental Health Court. I will notify the Mental Health Court Coordinator and my Probation Officer of any law enforcement contact within 24 hours.

**11. TRANSPORTATION.** I understand that it is my responsibility to provide transportation for myself to attend treatment; court appearances and any other requirements of Mental Health Court. Further I will not operate a motor vehicle without a valid license, registration, insurance (and interlock device if applicable).

**12. ASSOCIATIONS.** I will not associate with anyone who is committing a law violation; who is on probation or parole; or who is a convicted felon without first obtaining permission from the Mental Health Court team. Participants are required to provide a list of all associates (first and last names) to the Mental Health Court Probation Officer for approval. I will also not associate with any group or individual as ordered by Mental Health Court.

**13. TRAVEL.** I shall not leave this State or the Fifth Judicial District without first obtaining written permission from Mental Health Court.

14. EMPLOYMENT / EDUCATION. I shall seek and maintain gainful, verifiable, full-time employment (if applicable within the limits of a documented disability), be enrolled as a fulltime student or participating in such programs as approved by Mental Health Court. I understand that a change of employment or education shall not occur without prior written permission of Mental Health Court. \_\_\_\_\_

**15. SEARCH AND SEIZURE.** I agree and consent to the search and/or seizure of my person, automobile, residence, real property, and any other property (including electrical devices), at any time, and at any place, by any law enforcement officer, peace officer, or probation officer and hereby knowingly, intelligently and voluntarily waive my rights under the Fourth Amendment and the Idaho constitution concerning searches.

**16. WEAPONS / CONTRABAND.** I shall not purchase, carry, own or have in my possession or control any firearm, ammunition, explosives, archery equipment, projectiles or weapons of any type. I will not reside at any location where firearms are present. I will not possess or control any law enforcement or surveillance equipment, including but not limited to, scanners, video surveillance, handcuffs or handcuff keys. \_\_\_\_\_

**17. COURT COSTS.** I shall pay any and all Mental Health Court Fees as directed by the Mental Health Court Judge. I understand that graduation from Mental Health Court is conditioned on the payment of all Mental Health Court fees, court fines and restitution. The Mental Health Court Judge may waive Mental Health Court fees at the court's discretion.

**18. BUDGET.** Participants are required to maintain an accurate working budget and to follow the financial advice and/or directions of the Mental Health Court team. Participants are expected to submit their budget to the Mental Health Court team for review upon request and for each change in phase. Any expenditure in excess of \$200.00 must be preapproved by the Mental Health Court Coordinator or Probation Officer. \_\_\_\_\_\_

**19. PROBATION.** Compliance with all terms and conditions of probation listed in your Judgment of Conviction and / or Probation Order is a requirement of Mental Health Court.

**20**. **HONESTY.** Participants shall be truthful in all communications with the Mental Health Court team. I shall not cheat, tell any lie, or exaggerate or minimize my statements, conduct or actions in anyway. I understand that a key component of my recovery is honesty, responsibility and accountability for my conduct, behavior and actions. \_\_\_\_\_

**21. EVALUATION AND PROGRAM PLAN.** I shall meaningfully participate in and successfully complete any treatment, counseling or other programs deemed beneficial and as directed by the Mental Health Court program. \_\_\_\_\_

22. CLIENT CONSENT TO EX PARTE COMMUNICATION. As a participant in the Fifth Judicial District Mental Health Court, I have been informed that under ordinary circumstances, a prosecuting attorney is not permitted to communicate with me about my case without the consent of my lawyer or an order from a court. I have also been informed that my defense attorney is not permitted to communicate with a judge without the prosecuting attorney being present. However, because of the nature of the Fifth Judicial District Mental Health Court team's frequent need to make decisions regarding my participation, I consent to and authorize the State's attorneys to communicate with me without my lawyer being present during my participation in the Fifth Judicial District Mental Health Court program. I also consent to and authorize my lawyer to communicate ex parte with the judge regarding my participation in the Fifth Judicial District Mental Health Court program.

**23. ADDITIONAL RULES**. I understand that additional requirements may be imposed upon me. All additional rules will be explained to the participant and/or provided in writing. Additional rules may include but are not limited to No Contact Orders, Community Service, Work Detail, Written Reports, Payment Agreements, Reporting, Jail, etc. I further understand that I could be expelled from Mental Health Court if I breach any express term or condition of this contract or if in the opinion of the Mental Health Court staff I am

not satisfactorily progressing through the Mental Health Court program, the treatment phases or if I am not doing what is expected of me. \_\_\_\_\_

I have read, or have had them read to me, the above agreement. I understand and accept these conditions of supervision. I agree to abide by and conform to them and understand that my failure to do so may result in my termination from the Mental Health Court Program.

Participant Signature

Defense Attorney Signature

Date

Date